**SOS4Love Project**

**Final Report**

School/Country: ***Secondary school number 11 Romny Sumy region Ukraine***

Teacher/Facilitator: Name & Last Name-Subject taught in class:

***Geography teacher Lyudmila Melnyk***

1. Nowadays, healthy lifestyles are a very relevant topic that needs special attention. Of course, everyone, and especially young people, must take care of their health, because there is a long life ahead of them, full of adventure, work and smiles.

We support all sustainable development goals. The activities of our project relate to such sustainable development goals as good health and well-being - goal number 3 and partnership for sustainable development -goal number 17. Working on the project, we received many positive impressions, learned about healthy living and how it is achieve. The purpose of our work was to promote physical education and visit to the gym. , where a personal trainer will provide advice and assistance. The biggest challenge during the project was to convince the children to start working on themselves.

2. We investigated the availability of sports facilities and gyms in the city where we live. They learned about the conditions for attending classes. Attended classes and received advice from a trainer on loads.

3. The problem of health of the population of the state is very urgent, therefore, studying this question, they were satisfied with the work done. Pleasantly impressed with the result as three project participants began to visit the gym/

**Thank you to the project organizers for being able to join the project and change our lives for the better. With love.**